

**FIGURE 7.7**  
**Contribution Meter**

Discussion Skills	My Contribution Level		
	I am beginning	I am better at	I am very good at
• I listen respectfully to what others say.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• I do not interrupt—it is important to let others finish what they want to say.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• If I have a different point of view, I express it politely ( <i>I agree because . . . , or I disagree because . . . , or I was thinking about that another way . . .</i> ).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• If someone disagrees with me, I listen and try to think it through from their point of view.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• I make sure not to ask all the questions or try to answer all the questions that are asked. The more people who are part of the discussion, the more we will all learn.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• I use good eye contact—when someone asks a question, I look at them so they know I am interested in what they are saying and appreciate their contribution.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• I ask a “piggy-back” question when someone’s question or response makes me want to learn more. ( <i>Can you talk more about . . . ?</i> )	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• I answer questions with important facts and information that I learned by reading and studying or through an important experience.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• I give my opinion about issues when it is appropriate and back up my opinions with facts and examples.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• I prepare for the discussion by preparing my questions beforehand and then use the discussion to help me get my questions answered.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
My Goals for Improving My Contribution			